

Dear Quincy University community:

This message is the eighteenth update on Quincy University's response to the COVID-19 pandemic. If you are a member of the QU community and have not read the previous update messages, we encourage you to search them out in your email folders or read them at <https://www.quincy.edu/coronavirus/>. The QU coronavirus website also includes a link to our Q&A document, which was last updated on March 23 and will next be updated on March 27.

As of today, Thursday, March 26, the Adams County (Illinois) Health Department has previously confirmed one COVID-19 case, the first and, thus far, the only case in our region. To the best of our knowledge, the infected person was not connected to QU in any way. This is the same case we have mentioned for the past several days.

As many news sources indicate, we are still seeing a steady increase in the number of such cases reported in Illinois, in Missouri, across the nation, and around the world. There are now 2,538 COVID-19 cases in Illinois, with the great majority of those cases in the greater Chicago area. We remind everyone that no part of our nation is likely to avoid COVID-19 cases. The growth in the number of cases for Illinois in the past day can be attributed in part to the increased availability of COVID-19 testing. More information about COVID-19 cases in Illinois, including county-by-county reports, is available at <https://www2.illinois.gov/sites/coronavirus/Pages/default.aspx>.

Illinois, including Quincy, continues to operate under a "stay at home" order until the end of the day on April 7. Quincy University's residence halls and cafeteria remain open and will remain open for the semester. Yesterday, an update email provided extensive information to you about Quincy University's decision to teach exclusively online for the rest of the spring term and to teach exclusively online during Summer 2020. QU's spring commencement ceremony has been postponed to a later date.

Registration for summer and fall classes opens on Monday, March 30, so students and academic advisors are holding virtual meetings this week. If a student hasn't yet scheduled an advising phone call or video call with her or his advisor, tomorrow she or he has one last chance to get advised. Don't delay.

Despite the disruptions some of us have experienced recently, we still need to make sure each and every one of us is counted in the 2020 Census. If you are a student and live on campus normally during the school year, even if you are not living on campus at the moment, the university will be reporting you when they complete the census. If you live in a house or an apartment off-campus, you will need to report yourself and use your Quincy address. If you always live with your parents, your parents will report you when they fill out the census. See this link for a video to help explain the 2020

Census: https://www.youtube.com/watch?v=B4Ee8ol_LxY&feature=youtu.be

We strongly encourage all faculty and staff to participate fully in the Census. Please be counted.

Effective today, March 26, all students and employees can use telehealth through our Health and Well-Being Clinic.

To make a telehealth appointment to see our nurse practitioner:

Please call (217)222-6550 Ext. 3432 and inform the staff you are a student or faculty member of Quincy University.

Telehealth Provider Hours for Nurse Practitioner

Monday 1-5 PM

Tuesday 8:30-12:30 PM

Thursday 12:00-4:00 PM

To make an appointment to see one of our counselors:

Please call (217) 222-6550 Ext. 3418 and inform the scheduler that you are a student or faculty member of Quincy University.

Another option for healthcare is the Blessing helpline and QMG helpline.

Blessing COVID-19 Helpline

24/7 Public Hotline with any questions related to health and COVID-19. The number you can call is 217-277-3504.

QMG COVID-19 Hotline

The number you can call is [217-277-4001](tel:217-277-4001). The hotline will be operational the same hours as the QMG Ambulatory Care Center (ACC): 7 a.m.-7 p.m. every Monday-Friday; 8 a.m.-4 p.m. Saturdays; and 9 a.m.-4 p.m. Sundays.

Students should return any green reusable to-go containers and tokens to Chartwells if and when possible. Please do not throw them away. Students will not need these containers again this year, and new to-go containers will be distributed in August 2020.

This will sound familiar: Each of us needs to wash hands, use hand sanitizer, and maintain a physical distance of six feet when we must be out in public. Earlier today, we learned that a disturbing number of you were inspired by our last message to sing the chorus from Africa's "Toto" while washing your hands for the recommended 20 seconds. Although we are pleased you are washing your hands properly, we encourage you to make better musical choices.

If you are looking for more campus news, you are encouraged to follow @Quincy_U and @Quincy_UMcGee on Twitter. Resources are always available at www.quincy.edu and at <https://www.quincy.edu/coronavirus/>.

We have no reflections tonight on waffles, whether with or without strawberries and blueberries. Nope, nothing to say about waffles at all, even if they're Belgian, made with just a

hint of cinnamon, and slathered in butter and warm Vermont maple syrup. We are not thinking at all about the tastiness of waffles on this day after International Waffle Day, even if those delicious waffles are made with chocolate chips and using a classic 1962 Westinghouse Waffle Iron. Enough is enough.

Be well, Hawks.

Sincerely,

Dr. Brian McGee, President

Dr. Christine Tracy, Vice President for Student Development