

## Holistically Advising QU Students

When the word holistic is applied to academic advising, it suggests that advisors cannot look at students through a purely academic lens, but rather must regard each of them as a whole person. Things going on in students' personal lives can also weigh heavily on their academic success.

In order to offer the most to our students here at QU, we employ a mixed advising model where each student has an academic advisor and a success coach. This model allows for two points of contact for each student each with a different area of expertise. However, it also allows for some overlap so that the student feels supported both in their academic journey and as an individual.

Faculty/Academic Advisors:

- ❖ Listen to and care about the student as an individual
- ❖ Assist with course scheduling
- ❖ Work with students on their academic portions of the Student Success Plan
- ❖ Demonstrate time management skills
- ❖ Assist students on how to deal when struggling with a class
- ❖ Help students explore majors, change/add majors, change/add minors
- ❖ Set up internships/job shadow with the QUEST Center
- ❖ Assist students with applying for graduate school
- ❖ Meet with students about academic probation
- ❖ Connect students with the office/person who can help them
- ❖ Serve as a student advocate
- ❖ Teach students how to be self-advocates

Success Coaches:

- ❖ Listen to and care about the student as an individual
- ❖ Demonstrate time management skills
- ❖ Work with students on their nonacademic portions of the Student Success Plan
- ❖ Assist students on how to deal when struggling with a class
- ❖ Be available to assist students with personal issues
- ❖ Work with students to develop and implement personal and academic goals
- ❖ Assist students who are academically dismissed with writing their appeal letters
- ❖ Meet with students about academic probation
- ❖ Connect students with resources and other support on campus
- ❖ Refer students to free counseling services provided via partnership with QMG
- ❖ Serve as a student advocate
- ❖ Teach students how to be self-advocates

**In order for this model to be most effective, it is inherent that there is appropriate communication between a student's faculty advisor and success coach.**