

Q.U. UNDERGRADUATE DEGREE REQUIREMENTS - BONAVENTURE AND MAJOR

B. S. EXERCISE SCIENCE - PRE-ATHLETIC TRAINING CONCENTRATION (122-123 HRS)

CATALOG YEAR: 2023-2024

DATE AA / AS AWARDED _____

NAME _____ ID# _____

BONAVENTURE PROGRAM		Grade	Credit	IP/Sem*
A. University Courses		(0 hours)		
Diversity course (D:)* (PED 456) ®			0	
Global course (G:)* (SPM 460) ®			0	
BPP 410 - Bonaventure Program Portfolio			0	
B. Written/Oral Communication		(9 hours)		
ENG 111 W: Composition			3	
ENG 112 W: Composition & Texts			3	
COM 101 Fund of Public Speaking			3	
WRITING-ENRICHED COURSES				
PED 345	PED 454 MGT 300			
C. Philosophy/Theology/Ethics		(9 hours)		
TRS 116 G: Western Rel Traditions®			3	
Theology _____®			3	
Philosophy _____			3	
Ethics/Franciscan Values (E:) (SPM 450)®			0	
(E: course has to be at 300 level or above)				
D. Humanities/Fine Arts		(6 hours)		
Eng Literature-200 level or above			3	
Art, Music or Theatre			3	
E. Social Sciences		(9 hours)		
(CRJ, ECO, HMS, POL, PSY, SOC - select from 1 areas)				
*PSY 100 Intro to Psychology ®			3	
_____ - _____			3	
HIS _____ History			3	
F. Natural Sciences/Mathematics		(12-13 hours)		
BIO 150 Prin of Biology I	®		4	
*CHE 125/150 General Chemistry I	®		4/5	
MAT 125 College Algebra	®		4	
(MAT 242 recommended)				

®Required: not waived with AA/AS Degree

#Grade of "C" or higher required

MAJOR REQUIREMENTS		Grade	Credit	IP/Sem
		(37 hours)		
PED 106	Strength Training (FA)		2	
PED 200	Intro to Athletic Training (SP)		3	
PED 236	First Aid/CPR		2	
PED 246	Exercise Techniques (SP)		3	
PED 301	Sport & Exercise Nutrition (FA)		3	
PED/SCI 344	Kinesiology (SP)		3	
PED/SCI 345 W:	Physiology of Exercise (FA)		3	
PED 380	Principles of Strength & Cond. (FA)		3	
PED 454	W: Exercise Assessment (SP)		3	
PED 455	Program Design (FA)		3	
PED 456	D: Program Design/Special Populations(SP)		3	
PED 458	Program Design/Athletic Performance(SP)		3	
PED 483	Senior Practicum		3	

Students need a Cumulative Major G.P.A. of 2.0 and a 'C' or better in major courses (section G) for degree completion.

REQUIRED SUPPORT COURSES		Grade	Credit	IP/Sem
		(34 hours)		
BIO 280	Medical Terminology		2	
BIO 282	Anatomy and Physiology I		4	
BIO 283	Anatomy and Physiology II		4	
BIO 450	Human Gross Anatomy (SP)		2	
MAT 150	Statistics		3	
PHY 211	Fund of Physics I (FA)		4	
PSY 312	Psychopathology		3	
SPM 240	Intro Phys Activity & Sport Mgmt (FA)		3	
SPM 263	D: Sociology of Sport			
SPM 264	Intro to Sport Psychology (FA)		3	
SPM 460	G: Globalization of Sport (FA)		3	

I. ADDITIONAL ELECTIVES		Grade	Credit	IP/Sem*
		(100-400 level) (up to 10 hours may be PED) (to total min 120)		
			3	
300-400 Level Elective			3	
300-400 Level Elective			3	
300-400 Level Elective			(3-4)	

UNDERGRADUATE DEGREE REQUIREMENTS

QUANTITATIVE AND RESIDENCY

- ___ Complete ≥ 120 hrs
- ___ Complete ≥ 39 hrs at the 300-400 course level
- ___ Meet major requirements as set in Academic Catalog
- ___ Complete ≥ 27 hrs at 200-400 level with ≥ 21 hrs at QU
- ___ Complete ≥ 30 hrs in residency with ≥ 21 hrs in major
- ___ Complete ≥ 56 hrs at a 4-year institution

QUALITATIVE

- ___ A minimum cumulative GPA of 2.0 overall
- ___ A minimum GPA of 2.0 in major and relevant minor coursework

Quincy University coursework is measured by Semester Hour. Quarter Hour transfer work will be transferred in as the equivalent Semester Hour.

TRANSFER STUDENTS WITH A.A. OR A.S. DEGREE

Most Bonaventure Program requirements are fulfilled except:

- ___ 2 Theology courses (one course may transfer in)
- ___ 1 300 level Ethics (E:) course
- ___ 1 Philosophy course if the (E:) Ethics requirement is met outside of the PHI prefix (unless a Philosophy course is transferred in)
- ___ 1 Diversity (D:) or Global (G:) course
- ___ 2 Writing-Enriched (W:) courses

SERVICE LEARNING HOUR REQUIREMENTS

Students must complete 30 hours. Transfer students who have transferred 24-47.9 hours must complete 20 hours. Those who have transferred 48 hours or more must complete 10 hours. See the QUEST Center for details.

