



QUINCY UNIVERSITY

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ATHLETIC TRAINING

TO: Visiting Men's or Women's Basketball

RE: Athletic Training Facilities and Services

We would like to take this time and welcome you to Quincy University. We look forward to working with you in providing a safe environment during your athletic event. In order to do so, the following services will be available during your visit:

1. The Pepsi Arena Athletic Training Room is located to the left of the locker rooms. The Training Room will be open 2 hours prior to scheduled competition.
2. Modalities available for your staff and athletes include electric stimulation, ultrasound, moist heat packs, whirlpools, and ice. E-stim and ultrasound will not be available for use by a student unless a signed note from a Certified Athletic Trainer or Team Physician is provided.
3. If your team is traveling without an Athletic Trainer, please contact us prior to competition so we can make arrangements to assist your team before, during, and after the competition. Please provide your team with the appropriate taping and medical supplies.
4. Water, cups, ice, ice bags, and biohazard supplies, will be available at courtside during the competition. ***Please note the Athletic Training Room does not provide visiting teams with shower towels.***
5. Emergency equipment available includes vacuum splints, spine board, AED, and crutches.

Also provided is a medical directory that may be of assistance to you. If you have any questions or concerns, please contact us at (217) 228-5432, ext. 3502 or 3503.

Sincerely,

Head Athletic Trainer

## **Athletic Training Services**

### **Head Athletic Trainer**

Office: (217) 228-5432, ext. 3502

### **Team Physician**

Dr. Jim Daniels

SIU Family Practice

612 North 11<sup>th</sup>, Suite B

(217) 224-9484

### **Or**

Quincy Sports & Occupational Medicine

927 Broadway, Suite 101

(217) 224-8933

### **Hospital**

Blessing Hospital

1005 Broadway

(217) 223-1200

### **Ambulatory Care** (open until 8pm)

Quincy Medical Group

1025 Maine

(217) 222-6500 ext 3113

### **Pharmacy** (8am-10pm)

Walgreen Drug Store

1723 Broadway

(217) 222-0780

### **Campus Security**

(217) 228-5600